



North West Swimming



SA LEVEL 2 REGIONAL AGE GROUP CHAMPS 2020 - Region 2:
27th, 28th & 29th of March 2020

North West, Northern Cape, Free State, Central Gauteng, Sedibeng, West Rand

North West Swimming would like to congratulate all swimmers and coaches who qualified to participate in the Swimming South Africa, Region Level 2 Championships 2020. We trust that you will enjoy the Championship with us and we welcome you.

DATE: Friday 27th – Sunday 29th of March 2020

VENUE: Potchefstroom Dam resort in Calderbank Avenue, Potchefstroom. (See map attached)

<https://goo.gl/maps/n9ZPSP7pSNWwSdPR9>


WARM UP: Heats – 08:00 Finals – 15:00

GALA START: Heats – 09:00 Finals – 16:00

1. **GENERAL SWIMMING COMPETITION RULES:**

- FINA Rules will apply to these Championships.
- Participants must be fully registered with SSA and have competed in competitions to ensure that their times for entries are on the National Database.
- If, due to weather conditions, any section of a swimming program cannot be completed the following will apply:
 - a. On the final day of the competition, if the Finals cannot be completed, the Final results and medals will be awarded as per the results of the Heats.
 - b. If on any of the other days, the Finals cannot be completed, due to time constraints, the Finals will either:
 - ❖ Be rescheduled or
 - ❖ The results awarded as per the heats results.
 - c. If circumstances require, any part of the program may be swum as timed finals.

2. **PARKING:**

- Entrance Tickets at Potchefstroom Dam Resort will be sent for free entry at the resort.
 - Access will be controlled at Main entrance of Resort.
 - **Tickets not visible will lead to entrance payable**
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Outside Main Gate:

- This is not a parking area but the Emergency Assembly Point and parking for VIPs, Distinguished Guests and Vendors ONLY.

General Parking Area:

- For security reasons, we recommend that you park in the field in front of the pool area.
- Security will be provided in this area.

3. ENTRY & PROGRAMME COSTS:

- **Admission Fee:**

Adults: : R40.00 p/day

Non-Swimmers (under 12): : R20.00 p/day

- **Championship Pass: (Limited amount available)**

Adults: : R100.00

Non-Swimmers (under 12) : R50.00

- **Program**

Heats : R20.00

Finals : R10.00

4. ACCESS TO THE POOL:

- Gates will open at 06:00 each morning.
- **ONLY** Swimmers, Team Managers, Coaches and Officials may enter at the big gate on the right hand side off the Pool area
- Swimmers, Team Managers and Coaches must produce their entry tags to gain access to the pool at the big gate on the right hand side off the Pool area.
- Spectators and non-participants to enter through the main entrance gate.

5. LEVEL 2 COMMUNICATION PLATFORM

Follow this link to join my WhatsApp group:

<https://chat.whatsapp.com/FTVqbCybSBP1AMF5DlyNED>





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The following information will be list on the group:


- General gala information
- DQ's

Results will also be available on Meet Mobile

6. TEAM MANAGERS' MEETING:

- The Team Managers' meeting is to be held at the pool on Thursday 26th March 2020 at 16:00 (Officials tent).
- All Team Managers are encouraged to attend this meeting in order to collect the Team Manager pack and be briefed by the LOC. Clubs who are not represented at the Team Managers meeting and who do not comply with the rules concerning entries will not receive any concessions.
- This will be the last opportunity for late entries subject to a late entry fee of 10x the original entry fee and the availability of a lane in the particular event.
- The pack will contain the following:
 1. Team Manager & Registered Coach's entry tags.
 2. Swimmer entry tags.
 3. Relevant documentation required (Relay entry forms / Scratching forms).
 4. Scratchings can be made at the Team Managers' meeting.
 5. Programmes for the heats and finals sessions will be available at the LOC office for Team Manager and/or Coaches to collect.
 6. Team Managers to please ensure they have their TM tags with them.
 7. Should you be unable to collect the Team Manager packs on the 26th March 2020 at the Team Managers' meeting, a table will be set up outside the main entrance with the packs on the 27th March 2020.
 8. From the 28th March 2020 it will be available at the LOC office

7. OPENING CEREMONY:

- Friday 27th March 2020 at 15:30. Clubs are requested to gather behind the marshalling marquee at 15:00. We request that all swimmers to be kitted in club apparel.
 - Team Managers MUST ensure that swimmers competing in the first 2 heats of finals are not part of the Opening Ceremony.
 - Swimmers must wait until the Opening Ceremony is complete before leaving pool deck and show respect for our National Anthem.
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8. SECURITY:

Security will be on hand for the duration of the event.

9. MEDICAL FACILITIES:

A paramedic will be on duty for the duration of the event. The medical station will be clearly marked.

Here follows some valuable information on the hospitals and pharmacy in the area:

Medicross Potchefstroom

018 294 6545

Mediclinic Potchefstroom

018 293 7000

Mooimed Hospital

018 293 0802

ER24

086 108 4124


10. WARM-UP PROCEDURE:

- Clubs will be required to share warm-up lanes.
- 15 minutes prior to the start of the gala, Lanes 1 & 8 will be open for diving until the close of warm-up.
- NO training equipment allowed during warm-up (boards, fins, paddles, etc.)

11. LOST PROPERTY:

- Please be advised that North West Swimming, JB Marks and the pool staff of Potchefstroom Dam Swimming Pool take no responsibility for lost property.
- Please note that equipment (stretchers, etc.) that are left at the pool overnight, will be left there at your own risk.

12. OFFICIALS:

- Clubs will be required to provide SSA registered trained officials for EVERY SESSION, according to the number of swimmers entered in the competition:
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- 1 - 4 swimmers: one official per session
- 5 – 10 swimmers: one judge and one timekeeper for every session.
- 11 and over swimmers: a minimum of three officials, two judges and one timekeeper for every session.

- **All clubs are required to forward the names of their officials for the duration of the event to the NWS Officials Convener - Anchen Ferreira officials@nswimming.org.za by no later than Wednesday, 18th March 2020. Please copy** Gerald Jacobsz swimboard@nswimming.org.za with official's names.

- PLEASE NOTE that the names of officials MUST accompany the swimmer entries. This will be a requirement for the acceptance of swimming entries. If this requirement is not fulfilled, the penalty will be a fine of R1000.00 for every official not present and the swimmers from the club/province may be excluded from the gala or Final.

- PLEASE NOTE that no Team Manager / Coach may officiate on pool deck.

- Officials are requested to sign the duty roster:
 - AM: Designated Blue Gate
 - PM: Officials Tea Room

- Please report to the Officials Tea Room 30 min prior to the start of each session.

- Refreshments will be available in the Officials Tea Room.

OFFICIALS DRESS CODE:

HEATS:

Ladies:

- Navy Blue slacks or Navy Blue skirt (at least knee length) or Navy Blue shorts (walking / knee length). **Please note: NO JEANS allowed.**
- Provincial or own white shirt / blouse or top.
- White or Neat closed shoes / trainers. **NO sandals or flip-flops.**

Men:

- Navy Blue longs or Navy Blue shorts (knee length). **Please note that NO JEANS are allowed.**
 - Provincial or own white shirt.
 - White or Neat closed shoes / trainers. **NO sandals or flip-flops.**
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FINALS:

Ladies:

- Navy Blue slacks or Navy Blue skirt (at least knee length). **Please note that NO JEANS are allowed.**
- Provincial or own white shirt / blouse or top.
- White or Neat closed shoes / trainers. **NO sandals or flip-flops.**

Men:

- Navy Blue longs. **Please note that NO JEANS are allowed.**
- Provincial or own white shirt.
- White or Neat closed shoes / trainers. **NO sandals or flip-flops.**

White or Navy Blue Drimac's and Hats may be worn.

13. SEATING ON POOL DECK:


NO Coaches, parents or swimmers will be permitted to sit on any part of the pool deck area during any session. This includes the Podium area as well as the VIP Marquee.

COACHES SEATING AREA:

An area next to the pool will be set up for **COACHES ONLY**. Coaches will have a clear view of their swimmers, the finish as well as the ETD Board. We ask that NO children or parents utilize this space as it is reserved for Coaches. This will also be addressed at the Team Managers' meeting.

14. POOL ACCESS:

Gazebos:

- Access to the pool will be allowed on Thursday, 26th March between 12h00 and 14h00 **ONLY** to erect club gazebos. PLEASE NOTE that no vehicles will be allowed on the premises to offload.
 - Erecting of gazebos will be controlled by the gate on right hand side of pool where it will be done on a "first come, first serve" basis – allowing a maximum of 3 clubs in at a time to find their desired location for set up according to the sign in sheet.
 - Please ensure that all gazebos are securely fastened and not erected in the demarcated areas. Any gazebos found in the demarcated areas **WILL BE REMOVED**.
 - Gazebo allowance will be ONE single pool facing gazebo of 3x3 (regardless of Club size) and thereafter behind each other so that all clubs have a pool view. Should the gazebo be bigger, please ensure that the short end is facing the pool and not the long end. **No exceptions**. Please note that gazebos will be
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removed if in the Emergency Exit and if in contravention of the above. This includes the space behind the officials (timekeepers).

- No gazebos are to be placed over the temporary stands. This is reserved space.
- Clubs are kindly requested to be considerate towards one another with regards to space.
- The main grandstand will be based on a “first come, first serve” basis for each day – NO RESERVING OF SEATS will be allowed. Banners etc. will be removed.
- **No private marquees will be allowed.**


15. MARSHALLING:

- All swimmers MUST report to the marshalling marquee for ALL Heats and Finals.
- 1st and 2nd Reserve MUST report to the marshalling marquee for finals. Reserves MUST scratch
- Swimmers that miss their race will NOT be placed in an alternative heat.
- Swimmers receiving medals MUST report to the marshalling marquee prior to the medal presentations. The medallists will make their way to the podium from the marshalling marquee.
- Team Managers are requested to ensure that all swimmers report to the marshalling marquee on time and dressed in their club kit for medal presentations.
- There will be a penalty of R300-00 for a “No Show” which is immediately payable and a fine of R200-00 for a late scratching

16. PROTESTS:

- Protests will only be accepted from Team Managers completed on a protest form (supplied in the Team Manager Pack and available at the LOC Office) with the R500.00 Protest Fee lodged with the Admin Referee within 30 minutes of the publication or the announcement of the disqualification..
- NO media footage or photos will be permitted.
- In case of a dispute, the referees’ decision is final.

17. REFRESHMENTS & VENDORS:

- There will be a variety of food stalls available as well as costumes, goggles, caps, wet bags and towels.
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18. GENERAL:

- Clubs and parents are requested to keep their area clean to minimise Bees.
- Bins are spread out on the grandstand and on the grass area and will be cleared regularly.
- No unauthorised media or individuals will be permitted on pool deck.
- No flash photography during the start of a race.
- We request all attendees to this event to please remain silent during the start of a race.
- We request all clubs to please not place any towels over advertising boards. You will be asked to remove the towels.
- NO alcohol is permitted on the premises.
- NO fire or gas braais are permitted on the premises (only the approved vendors).
- **The pool grounds are a NO SMOKING ZONE, this include e-cigarettes, vapes and hookahs (Hubllys). Smoking will only be permitted outside the pool grounds in the designated smoking areas.**

We look forward to hosting another great event and wishing all participants the best of luck.

Regards



Gerald Jacobsz

Chairman: Swimboard

North West Swimming

Tel: 018 297 0084

Cell: 082 875 1069

Email:

swimboard@nswimming.org.za



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Accomodation	Address	Contact number
Grey Manor Guest House	76 Hoffman St, Potchefstroom, 2520	018 294 4115
Goedgedacht Guest rooms	32 Ben Pienaar St, Baillie Park	082 375 0572
Birdsview guest house	Plot 546,, Vyfhoek	082 872 5964
A Tapestry Garden Guest House	Walter Sisulu Ln	018 297 4856
Rob's place	533 M C Roode St, Vyfhoek	071 607 0099
A Touch of Grace Guest Accommodation	28 Kamp St	083 463 0565
Adato B & B Guest House	70 Peter Mokaba St	018 294 5244
Sunset Manor Guest House Potchefstroom	4 Kanaal St, Van der Hoffpark	082 550 2645
Opstal Gastehuis / Guest House	24 Neethling St, Baillie Park	072 405 6026
Graceland Guesthouse	240 M C Roode St	082 807 3078
Opstal Guestfarm	Thabo Mbeki Way	072 405 6026
Baillie's Manor Guest House	24 Hennie Bingle Avenue	082 683 9382
Presidensie Guest Rooms / Gastekamers	21 Johannes Dreyer St	082 854 0878
Just Tiffany Guesthouse	151 Peter Mokaba St	082 898 2404
A Country Garden Guesthouse	62 Peter Mokaba St	082 924 1012
Ma Cachette B&B	59a Molen Street Corner of Molen and, Meyer St	018 297 6980
Camelot Guesthouse and Apartments	64 Peter Mokaba St	060 558 7414
Goedgedacht Guest rooms	32 Ben Pienaar St, Baillie Park	082 375 0572
Beukes Guesthouse	25 Beukes Ave	018 297 1348
Anne's Place Potchefstroom	26 Mozart Way, Van Der Hoff Park	082 335 1295
Kleinplaas Guest house	Parys road	083 255 3420